### NJASC 2024 WINTER CONVENTION STUDENT WORKSHOPS

On the reverse is a list of Student Workshops being offered by your fellow schools and student leaders. You'll also want to take advantage of these SPECIAL workshop opportunities...

### **College Admissions Workshop** Brower Student Center, Room 100E

#### PRESENTED BY THE COLLEGE OF NEW JERSEY

**SESSIONS 1 & 2:** Take this opportunity to get a head-start on your college search process by engaging with Student Transitions and Admissions professionals who guide students throughout their unique journey from high school to college communities. Learn how to articulate your current leadership experience as a college applicant and explore opportunities to further develop your leadership skills as an undergraduate student!



We encourage ALL HIGH SCHOOLS to send Sophomores & Juniors (seniors welcome, too!) to either of these Workshop Sessions!



# **State Charity Workshop Social Sciences Building, Room 326**

#### PRESENTED BY THE HUGS FOR BRADY FOUNDATION

**ALL SESSIONS:** Learn more about this year's student interviewed and selected State Charity; see first-hand the valuable work they do and why your Student Council should be supporting them as our current State Charity. *We encourage ALL SCHOOLS to send at least two students to a session of this workshop.* 

## **Intense Games Recreation Center**

#### PRESENTED BY BROOKLAWN MIDDLE SCHOOL

**SESSION 2 ONLY:** For twenty-two years, Brooklawn's Intense Games has been a tradition involving thousands of students, parents, teachers, and alumni. Get ready to PLAY with your fellow student leaders; you will build teamwork and leadership skills while having lots of fun! *We encourage ALL MIDDLE SCHOOLS to send some of their students to this session.* 



### But Wait, There's More...with Joel Hilchey! Recreation Center

#### PRESENTED BY NJASC

**SESSION 3 ONLY:** Did you enjoy Joel's keynote in the General Session? Trying to "juggle" things with all these workshop choices at this year's Convention? For your last Workshop Session today, come back to the "big room" for another workshop with today's featured speaker, Joel Hilchey, and see for yourself why "we do better when we feel better"!



## So, You Want to Be a (2025) State Officer! Social Sciences Building, Room 225

#### PRESENTED BY THE 2023 STATE OFFICERS

**SESSION 3 ONLY:** Are you a current high school freshman or sophomore (or a sixth grader) from NORTH Jersey and thinking about a run for 2025 State Office? Here's your first chance to find out what being a State Officer is all about from the student leaders who just experienced it – your outgoing 2023 State Officers. Take the first step toward a run for 2025 State Office today!

School	Workshop Title	Brief Description (for Program)	Session 1 12:10-12:40 SSB Room		Session 3 1:30-2:00 SSB Room
Riverside High School	12 Days of Giving	Our officers and administration select one of their favorite gifts and give it to students. Contest is held on our Instagram account.	227		
Cherry Hill High School East	Amplifying Student Voice	Stop by and learn about a branch off of Cherry Hill East's Student Government with the purpose of hearing and addressing student concerns: the Student Voice Committee. Consolidated into four sub-committees, (School Climate, Athletics/Performing Arts, Mental Health, and Academics), the SVC is comprised of students from varying backgrounds with the goal of addressing student concerns and creating a link between the student body, government, and administration.	128	128	128
Mount Olive High School	Back to School Block Party	The back to school block party is a way to increase school spirit at the beginning of the school year by asking all of the clubs and organizations at the school to come together to throw a "block party" or carnival for students at the school.		130	
Shore Regional High School	Battle of the Classes	Annual student competition of all four grades. Two week event with charity component as well as school spirit week with daily competitions ending in a final competition in the gym amongst the classes to crown the winning class of BOTC	225	225	
Parsippany Hills High School	Community, Creativity, Commitment	A presentation detailing how the student council plans and exacutes different events for the community and to raise funds.	321		
Southern Regional High School	Dance Marathon	The Southern Regional Dance Marathon is an 18 hour overnight dance marathon fundraiser and school spirit event that raises money for a local cancer charity.			226
Melvin H. Kreps Middle School	Early Start: How to LEAD a Student Council to Success	In this workshop by the student council president of a middle school, you'll get to learn all the skills needed to make your student council successful, direct, and positive! Also, you will get to participate in an exciting project to showcase your skills in speaking and leadership. When you leave this workshop, you'll be able to LEAD your Student Council to success. This workshop has a middle level and leadership focus.			131
Neptune High School	Guess the Candy	Guess how many candies are in a container and win the candy			130
Neptune High School	Hello Day	Encourage communication and friendliness		226	
Union County Academy for Allied Health Sciences	How Do I Shadow?	We will discuss how to write a formal email, directed towards a professional that the student would be interested in shadowing. We will give some examples & key points they should hit, and give them 20 minutes to brainstorm rough drafts for their future shadowing endeavors.			325
Ocean City High School	How to Build a Better Homecoming	This workshop will give students ideas and suggestions to get their school community involved in Homecoming Week Activities and sell out your dance tickets.		230	
Palmyra High School	How to Run a Mr. High School Pageant	A Mr. High School pageant is a fun way to raise money for your school. We'll review how to recruit contestants, write a script and produce a show that is fun for all involved!	102	102	102
Hillside High School	Maintaining Positivity Throughout Your Day	If you smiled every day you wouldn't be a person, you'd be a game show host! Tough days don't last, but tough people do! Join us as we discuss methods and strategies to improve your daily experience of school and life while influsing it with positivity.			324
Palmyra High School	Mr. PHS	Students will go over our spring fundraiser, a Mr. PHS "talent" show.			228
Lakewood Middle School	National Violence Prevention/ Leadership Week	Learn ways to promote leadership and the power one person has to make a difference.	226		
Collingswood High School	Reindeer Games	The reindeer games pep rally is a fun school-wide competition where each grade level fields a team, along with the staff, and they compete in a variety of fun games.		227	
Hillside High School	Rock, Paper, Scissors Competition	Inspired by a TikTok we saw from West Valley High School Student Council in Hemet, California, we adapted it to fit our school climate and culture. We purchased 1,000 strands of Mardi Gras beads and outlined the rules. Paying tribute to the old school, clean fun, of Rock, Paper Scissors, this version adds an element of competition. The overall winner of the whole school wins a \$25 Visa gift card, students can challenge teachers, and students can buy in to get more beads if they lose all of theirs!	324		
Shawnee High School	Running a Successful Blood Drive	We will be showing you how to organize, promote and execute a one day blood drive.		325	
South Brunswick High School	Running a Successful Student Senate	Join us to learn how to assemble a student senate, create agendas and minutes, as well as follow proper parliamentary procedures. The student senate is able to pass resolutions, make recommendations to the faculty and administration, Survey the student body, form committees, vote on Bylaw amendments, and more. We will even review our own constitution and bylaws to help get your student government ready!		228	
Franklin High School	School-Wide Announcements	Comparison of school announcements through the different schools that attend the workshop.	323		
Parsippany High School	Socials to Socializing	Is your phone running your life? An extension of your hand your mind your spirit? Learn to put down the phone and initiate meaningful conversations and connections. This coffee shop vibes workshop will provide you with simple tools to unplug, look up, and reconnect.	105	105	105
East Brunswick High School	Spectacular School Spirit	Is school spirit lackluster? Wish there was more participation in your events and student government? From event ideas to soft skills including incentivizing and promotion, we'll cover it all. We'll guide you through the proposal process, promoting your events, and the benefits of school spiritl Join us for an interactive, informational workshop that is sure to leave you with the vital tools to an enthusiastic & invigorated school climate!			227
Kinnelon High School	Spirit Week Participation Tips	We have a week of Spirit Week events that are held during the day and at night! It is very intense and includes Homecoming! Find out how we increase our student participation!		323	323
Manasquan Elementary School	Student Council Sweatshop	Student Council members created T-shirts with their Cricut for a local charity. Learn about using the Cricut machine to create your own T-shirts. Student Council members will also share their lessons learned from the project.		324	
Warren Hills Regional High School	Stuff The Bus Food Drive	How to organize a successful food drive by collaborating with multiple clubs/organizations	230		
Mercer County Technical Schools Health Science Academy	Summer Day/Cultural Day	Students run an activity on the last day of school that is a combination of a school picnic and a cultural celebration.	103	103	103
Stewartsville Middle School	SWAG Night (After School Game Night)	In this workshop we will be teaching the attenders one of our most popular school spirit activites. We call it Swag Night. (Stewarsville Way Awesome Games). We will be starting off with an Ice Breaker most likely Heads Up. Then we will be teaching the attendes one of our most popular games Cup Stacking. Finally we will demonstrate with our board and after everyone will get a chance to play the game. This should take the whole 40 minute period.	325		
Melvin H. Kreps Middle School	Talking Like a Leader	We will ask questions about leadership and will talk about the general idea of leadership.			230
West Windsor Plainsboro High School North	The ToKnight Show	One of HSN stuco's biggest events is the ToKnight Show where select seniors put on a show to find who has the best act.		321	321